

13 December 2012 • 77



Thailand Celebrates “Father’s Day”. December 5 is an important day in the Thai calendar because this is the day the country celebrates the birthday of His Majesty, King Bhumibol Adulyadej (Rama IX), the monarch of Thailand. It is also regarded as a National Day and is proclaimed National Father’s Day. His Majesty the King is regarded as father of the nation.

Starting a few weeks before the King's birthday, all buildings are covered up with Royal symbols and portraits of His Majesty all over the Thai kingdom. Born in 1927, His Majesty the King has captured the hearts of the Thai people through his devotion to improving the welfare and well-being of his subjects. Every year in December, huge portraits of His Majesty are raised in temples, administrative buildings, schools, houses, shops by individual people and organizations.





Lasallians all over Thailand observed “Father’s Day” this year last 4 December through various school-wide assemblies, cultural programs and activities that gave students the opportunity to honor their fathers. They also participated in national celebrations of His Majesty’s birthday on 5 December.

Singapore’s SJI Launches “Bring Your Own Device” (BYOD) Programme.

All Year 1 students joining Saint Joseph’s Institution in 2013 will be part of the BYOD@SJI Programme, in which students will bring and utilise their personal computing device for learning. This follows a pilot programme for selected classes in the past two years. This enhanced use of technology in learning aims to create a rich and interactive learning environment, and in the process develop the students’ capacity for self-directed and collaborative learning, and acquire 21st century skills. This will also help to prepare students for a high-tech globalized world as well as provide opportunities to learn how to handle computing devices in a productive and responsible manner. For more details, visit their website: <http://www.sji.edu.sg/subpage.php?id=453>



Prayer for Anti - Human Trafficking. Let us support the “International Network of Consecrated Life Against Trafficking in Persons” by using the following prayer:




International Network of Consecrated Life
Against Trafficking in Persons
www.talithakum.info



บทภาวนาเพื่อยุติการค้ามนุษย์
Anti-Trafficking Prayer
“ TALITHA KUM THAILAND ”
APWRATH
(Asia Pacific Women Religious Against Trafficking in Humans)
www.amrsp.org/apwrath

Conference of Major Religious Superior of Women
of Thailand and Laos (CMRSWT)
ชมรมเจ้าคณะนักบวชหญิงแห่งประเทศไทยและลาว
www.sisterintha.org

**Talitha Kum Thailand
Anti-Human Trafficking**



คณะกรรมการนักบวชไทยต่อต้านการค้ามนุษย์

Prayer for Anti-Human Trafficking

Loving God, Our hearts are so full of pain and sorrow for the fate of our brothers, sisters and children who are trafficked for exploitation in the labor sector and for sexual discrimination because of greed and profit in our world.

We protest all kinds of human trafficking which deprive the dignity of being daughters and sons of God. We need your help as we continue to employ your assistance to terminate this action as soon as possible. May your Compassionate Love give strength to our sisters whose hearts were broken and renew them to set up a new life in our society.

Please strengthen their hearts with hope, love and inspiration to continue in their life journey. Grant a change of hearts to greedy people who have no empathy for others to become a people who realize we are all brothers and sisters. May you inspire them to totally stop damaging our societal world by manipulating ways which are a big danger to humanity. This is a serious international crime.

May our beloved Mother, Mary, intercede for us and grant us all the wisdom and fortitude to remain daring in our unity with all women, men and children. Show us the way that leads us to freedom. This is the gift you share with everyone.

We ask this through our Lord, Jesus Christ, your son, who lives and reigns with you and the Holy Spirit, one God now and forever.

Amen

For more information, visit their official website at <http://www.talithakum.info/>



What's Up with the PARC Novitiate? The PARC Novitiate was recently featured in the Institute's website. Find out who are the current staff and novices and their recent activities at <http://www.lasalle.org/en/2012/12/philippines-the-parc-novitiate/>

Fraternally,

Br. Edmundo L. Fernandez FSC
Malaysia

Fitness Tools Online. If you are eager to lose weight and get fit and toned, one of the easiest ways to do it is to check out an online exercise site. These sites are almost like having a personal trainer available anywhere and anytime. Several online fitness services also can help you plan meals or provide personalized diet plans that give you the tools you need to lead a healthier life or continue to enjoy the healthy lifestyle you already have. The following websites have received positive reviews:



<http://www.trainwithmeonline.com/>
<http://workoutsondemand.com/>
<http://www.biggestloser.com/>
<http://www.jillianmichaels.com/fit/>
<http://www.workoutbox.com/>

<http://www.livestrong.com/>
<http://www.slimtree.com/>
<http://www.changingshape.com/>
<http://dailyburn.com/>
<http://www.fitnessblender.com/>