



LASALLIAN EAST ASIA DISTRICT

**Like the wise men,  
we can give gifts of Love & Peace.**

Henry B. Eyring

Br. Edmundo Fernandez FSC • Br. Joseph Klong FSC • Br. Jose Mari Jimenez FSC • Br. Paul Ho FSC • Br. Francisco de la Rosa VI FSC • Br. Gus Boquer FSC



## 27th National Lasallian Youth Convention, La Salle Centre, Ipoh, Malaysia

Last December 13 - 18, 2017, young Lasallians from all over Malaysia and its neighbouring country Singapore gathered for the 27th National Lasallian Youth Convention at La Salle Centre, Ipoh, Malaysia. The theme for this year's convention was "Lasallians Beyond Boundaries" which is anchored on the regional theme "Lasallians without Limits". This convention aims to acknowledge their present realities and urge the youth do something about it. Young Lasallians were also challenged to go beyond their boundaries and reach out to serve the lost, last and least.

The convention tackled different topics such as The Life of the Founder, Lasallian Spirituality, Lasallian Principles, Lasallian Virtues, team building activities, Realities of being a Lasallian, and social realities. There were 78 students who joined the convention. Mr. Isaac Stephen Anthonysamy, Ms. Coreen Patricia Paul and Br. Matthew Bay together with the organising team were there to lead this event. Br. Edgar came from the Philippines as a facilitator. It was a very inspiring gathering for young Lasallians who were interested and willing to respond to the many realities that they are experiencing at present. After this gathering, young Lasallians were challenged to become the light to others, especially those who need it. **(Br. Edgar Esparagoza FSC)**

## La Salle College, Hong Kong: Overall Wind Orchestra Champions

The Music Team is pleased to announce that our Wind Orchestra was awarded the overall championship in the secondary school section of the Winners' Final of the Hong Kong Youth Music Interflows 2017 held on 9th December in the Queen Elizabeth Stadium. The piece they performed was 'The Living Cherish the Deceased' by Satoshi Yagisawa. There were 6 teams competing for the title and all teams were gold prize awardees at earlier competitions of the Symphonic Band Contest in the Hong Kong Youth Music Interflows 2017.

Congratulations to the Wind Orchestra and thank you to their teacher advisors Mr Wan, Mr Lam, Conductor Mr Ngai, as well as all old boy and parent supporters. (<https://www.lasalle.edu.hk/eng/home.php>)



## Visitor's and Auxiliary Visitors' Calendar for January 2018

	Week 1	Week 2	Week 3	Week 4/5
Visitor	Leadership Team Annual Retreat	LEAD PRV	LEAD PRV	Myanmar, 26th District Council and Chapter of Vows
AVMA	Leadership Team Annual Retreat	Singapore	Singapore Malaysia	Singapore Myanmar, 26th District Council and Chapter of Vows
AVVF	Leadership Team Annual Retreat	Visit to Formation Houses in the Philippines	Pastoral Visits, Chantaburi and Bangkok	Myanmar, 26th District Council and Chapter of Vows
AVSP	Leadership Team Annual Retreat	Philippines, OAV	Philippines, St. Benilde Brothers' Community Recollection	Philippines, Community Directors Association Meeting Philippines DLSP Annual Corporation Meeting Myanmar, 26th District Council and Chapter of Vows

\* The LEAD PRV Office will be closed for Christmas Holidays from December 21 - January 2. The Leadership Team (Visitor, Auxiliaries, Bursar, and Administrator) will go on their Annual Retreat on January 5 - 8.

## Happy Birthday!

Brother John Ong FSC	January 01, 1979
Brother Mike Valenzuela FSC	January 02, 1963
Brother Hilary Htun Kyi FSC	January 03, 1942
Brother Joseph Hoang FSC	January 03, 1979
Brother Felipe Belleza FSC	January 07, 1968
Brother Manny Hilado FSC	January 08, 1944
Brother Kenneth Martinez FSC	January 08, 1962
Brother Alphonsus Breen FSC	January 09, 1930
Brother Dennis Magbanua FSC	January 11, 1969
Brother Dan Fenton FSC	January 13, 1956
Brother JJ Jimenez FSC	January 16, 1971
Brother Chris Soosai FSC	January 17, 1967
Brother Sebastian Sripuk FSC	January 18, 1969
Brother Mario Dacanay FSC	January 19, 1954
Brother Arian Lopez FSC	January 21, 1976
Brother Mandy Dujunco FSC	January 22, 1979
Brother Bong Servando FSC	January 31, 1962

## Health and Wellness

### The Most Germ-infested Places You Encounter Every Day — and How to Avoid Getting Sick

**Your clothes:** You might be surprised to hear that your clothes can harbor salmonella, hepatitis and other viruses. Gerba found those germs and others can survive our laundry efforts because most Americans don't wash clothes in hot water or use bleach anymore.

**Your kitchen:** Time for breakfast, and Gerba says our kitchens harbor far more pathogens than our bathrooms because of our own germs and those on raw meat and produce. The worst hot spots are the kitchen sink, kitchen sponge and kitchen counters.

**The elevator:** The ground-floor elevator button is like a petri dish of germs because everybody who uses the elevator ends up touching it. But there's something even worse...

**The break room:** "The hot spot we found in office buildings is usually the break room," Gerba said. "Usually on the coffee pot handle. I mean, you want to be the first one to get the coffee in the morning." Once again, where there are many people, there are many germs.

**Restaurants:** If you head to a restaurant for your lunch break, some more counterintuitive findings await you there. Once again, the restaurant restroom is not the biggest problem, probably because it is frequently and professionally cleaned. So think about what everybody touches at a restaurant. . . . The menu!

Full article: [https://www.washingtonpost.com/lifestyle/home/the-most-germ-infested-places-you-encounter-every-day--and-how-to-avoid-getting-sick/2017/12/13/583bec2a-dc58-11e7-b859-fb0995360725\\_story.html?utm\\_term=.b48b79c92ffb](https://www.washingtonpost.com/lifestyle/home/the-most-germ-infested-places-you-encounter-every-day--and-how-to-avoid-getting-sick/2017/12/13/583bec2a-dc58-11e7-b859-fb0995360725_story.html?utm_term=.b48b79c92ffb)



Fraternally,

Edmundo Fernandez FSC