



Solomon: A Musical Play

“Intense. Relevant. Moving ending.” De La Salle Philippines and Benilde Office of Culture and Arts successfully presented SOLOMON, a musical play on the life of our newest Lasallian saint, St. Brother Nicolas LeClerq.

The oppression and indifference of the aristocrats over the poor who were hungry resulted to civil unrest and violence that placed the religious and the clergy in compromising situations. Considered as a trying time for the Institute, the religious and the clergy during the French Revolution were necessitated to swear an oath to the civil constitution. Saint Solomon proved that unwavering faith in God and courage not to abandon his vocation paved the way for light to shine through.

Remus Villanueva played the lead role together with the students and alumni of De La Salle College of St. Benilde. SOLOMON was written by Erick Dasig Aguilar and directed by Riki Benedicto together with the musical direction of TJ Ramos. The musical ran from 28th February to 2nd March 2017. (Br. Alex Diaz FSC)

Lasallian Formation Day

Annually in Singapore, we set aside a day to train our Lasallian students for preparedness of emergency contingency; just in case they are not able to report to school due to unforeseen circumstances. On this day, Lasallian students will stay at home and teachers will prepare E-learning lessons for them in advance like a normal school day. What do the Lasallian teachers do then? We form and prepare ourselves by gathering as one big family for our Lasallian Formation Day; both teachers as well as administrators of the various Lasallian schools in Singapore. (Continued)



This year, we invited Bro. Armin Luistro to share and revisit the Lasallian Educational Mission in Singapore. Bro. Armin gave an inspiring two sessions for about 700 Lasallian teachers and administrators. The objective for the day was dutifully achieved with discovering the mission of service in the context of a multi-religious and multi-racial society in Singapore. How does Singapore Lasallian ethos differ from secular schools? It was a treasured opportunity for all the Lasallian teachers to gather together under the guidance of Bro. Armin. **(Br. Kelvin Tan FSC)**



Photo: Mr. Lucas Lak (CBS Supervisor), Mr. Tan (Principal of St. Patrick's School), Mr. Thomas Koh (Principal of St. Stephen's School), Mr. Timothy Goh (Principal of SJI Junior), Bro. Armin Luistro, Ms. Cecilia Lim (Principal of St. Anthony's Primary School), Ms. Daphne Sing (Principal of De La Salle School), Fr. Adrian Danker, S.J. (Principal of SJ) and Bro. Kelvin.

Character Development Conference: SJI International, Singapore

SAVE THE DATE

7-8 SEPTEMBER 2017



SJI INTERNATIONAL
LASALLIAN CHARACTER DEVELOPMENT CONFERENCE



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"Strategies for
Growth Mindset"



DR TOM
NEHMY

"The Notion of
Resilience"

St Joseph's Institution International | 490 Thomson Road, Singapore 298191

DETAILS OF THE CONFERENCE WILL FOLLOW SHORTLY

DANIEL BROWN: daniel.brown@sjj-international.com.sg

CALL FOR ABSTRACTS

DEADLINE: 31 MARCH 2017

If you would like to lead a workshop or share a case study, please submit your details to daniel.brown@sjj-international.com.sg by 31 March 2017 and we will be in touch to let you know the outcome. We look forward to hearing from you.



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Health and Wellness

Recipe's For Fridays of Lent: Lebanese Spinach and Lentil Soup

Ingredients

3 tablespoons regular olive oil (or coconut oil)
2 large onions, finely chopped
5 cloves garlic, minced
2 teaspoons ground cumin
1 teaspoon cayenne pepper
2 cups red or brown lentils, picked-over and rinsed
10 cups water (see note below)
¼ cup fresh mint, chopped
1 bunch fresh spinach, washed (about 2 cups)
Zest of 1 lemon
Juice of 1 lemon
Kosher salt and freshly-cracked black pepper, to taste
Laban or full-fat Greek-style yogurt

Instructions

In large stainless steel pot, sauté the onions in the olive oil (or organic coconut oil) over medium-high heat until they start to soften. About 3 minutes. Turn heat down to medium-low and continue to cook until they start to caramelize, about another 3 to 4 minutes.

Stir in garlic and cook for 2 minutes, stirring frequently to prevent the garlic from burning.

Add the cumin and cayenne, and stir to mix in well.

Add lentils and water. Increase heat to high and bring to a boil.

Once the soups starts to boil, reduce heat to medium or medium-low and allow to simmer until lentils are soft. About 30 minutes.

Add mint, and the add salt and pepper to taste.

If you want a creamier soup, you can mash some of the lentils against the side of the pot with a large stainless steel spoon once they are softened. Stir well.

Once the lentils have attained their desired softness and you are ready to serve, add the spinach. You can chop the spinach, if desired, but it is not necessary. I prefer to add the leaves whole. Spinach shrinks when it is cooked, so chopping isn't really necessary.

Add the lemon zest and juice. Taste and tweak with salt and pepper.

Serve in bowls and garnish with dollop of laban or Greek-style yogurt

<http://catholicfoodie.com/lebanese-spinach-and-lentil-soup>



Fraternally,

Edmundo Fernandez FSC