



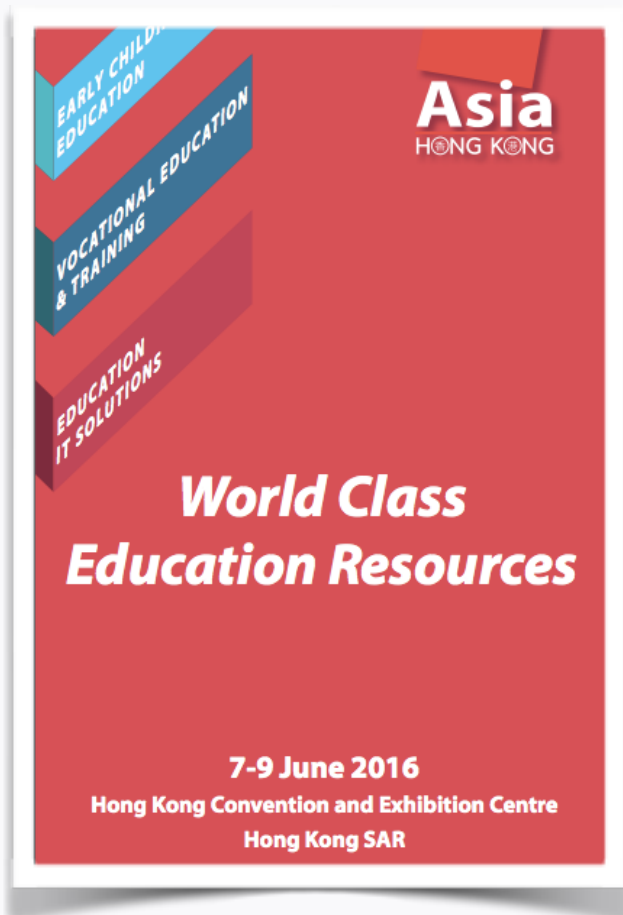
## Lasallian Special Studies Institute 2016: Lasallian Spirituality

Last April 24-30, 2016, Lasallian Formators from 15 schools in the Philippines and Brothers from the Delegation of India gathered in Balay Indang, Cavite, Philippines to participate in the first run of the Lasallian Special Studies Institute (LSSI) 2016, covering Lasallian Spirituality. The week-long program had various sessions that talked about the relational spirituality of our Founder, St. John Baptist de La Salle, to further inspire the participants in their work of animation back in their own schools and communities. The main resources covered were the Meditations for the Time of Retreat, and the Explanation of the Method of Interior Prayer, both written by St. La Salle.

We would like to thank our main resource speaker, Br. Timothy Coldwell FSC, for sharing his valuable insights and his time with us. He is also the current General Councilor for the Lasallian Region of North America (RELAN). He previously served as Visitor, Vocation Director and as Secretary for Formation in his former communities.

We'd also like to extend our thanks to the organizers who put everything else together: Keane Palatino, Mela Lazatin, Ritche Bongcaron, Thea Quintos, Carol Manlunas, Joy Critica, KC Castillo, and Patrick Lo. (Celine Ocampo)

## Invitation to Worlddidac Asia/ TVET Connex 2016



Worlddidac Asia/ TVET Connex 2016 is a leading Asian event for educational resources. This year's focus will be on STEM solutions, Early Years education and especially, Technical and Vocational education and Training and featuring many innovative ideas and technologies, some of which are showcased in Hong Kong/ Asia for the first time. The event advocates the use of quality resources and technologies to enhance learning and teaching and promotes transnational education through alliances, and partnerships.

Worlddidac Asia/ TVET Connex 2016 is officially supported by Hong Kong Education Bureau, The Government of Hong Kong SAR, Hong Kong Education City, Vocational Training Council and UNESCO Hong Kong Association.

For additional information about the event, please go to [www.worlddidacasia.com](http://www.worlddidacasia.com) or <https://www.facebook.com/worlddidacasiapage>

As our official guest, you will be entitled to a series of privileges as follows;

• Complimentary 2 nights' accommodation anytime during 6 – 9 June 2016 at our official hotel (Single or Twin room)

- Exclusive campus visit to Hong Kong's leading educational institutes. (Pre-registration is required. Limited seat, available on first come first serve basis)
- ONE 2 ONE MEETING with 10 pre-scheduled appointments. (Pre-scheduled Face- to-Face meetings, with a personal diary issued upon arrival)
- Delegate Badge with a complimentary pass to attend Asia Education Leaders Forum (AELF)/ TVET Connex
- Full Access to Worlddidac Asia Lounge

Those interested to register as one of five Lasallian Educators/hosted delegate must fill in the attached reply form and send to Br. Steve Hogan FSC, La Salle College Principal at [brsteve@lasalle.edu.hk](mailto:brsteve@lasalle.edu.hk) before May 15, 2016.

## Visitor's and Auxiliary Visitors' Calendar

	Week 1	Week 2	Week 3	Week 4
Visitor	Singapore, District Council, Leadership Team  LEAD PRV	Myanmar, Maymyo  Philippines, First Vows	Philippines  Thailand, First Vows	LEAD PRV  Rome, Meeting of Visitors
AVMA	Singapore, District Council, Leadership Team	Singapore	Singapore	Japan, Pastoral Visit
AVVF	Singapore, Initial Formation Commission, District Council, Leadership Team	Thailand	Thailand	Hong Kong, Pastoral Visit  Rome, Meeting of Visitors
AVSP	Singapore, Initial Formation Commission, District Council, Leadership Team  Myanmar, Pastoral Visit, Kalaw and Maymyo	Myanmar, Yangoon, Pastoral Visit  Philippines, Central House	Philippines, De La Salle Health Science Institute, Dasmariñas  Philippines, Central House Administration	Hong Kong, Pastoral Visit

## Happy Birthday to our May Birthday Boys!

Brother Kelvin Tan FSC	May 04, 1975
Brother Mawel Pajarillo FSC	May 05, 1960
Brother Felix Donohue FSC	May 10, 1931
Brother Ray Suplido FSC	May 13, 1947
Brother Ignaci Heri Satrya Wangsa FSC	May 16, 1968
Brother Ranier Guillergan FSC	May 16, 1988
Brother Victor Gil Munoz FSC	May 17, 1943
Brother Bernie Oca FSC	May 17, 1954
Brother Philip Bancha Pichitpraipana FSC	May 20, 1987
Brother Vince Fernandez FSC	May 24, 1963
Brother Fermin Martínez FSC	May 26, 1949
Brother Lucian Ng FSC	May 29, 1940
Brother Joseph Pi FSC	May 29, 1994

### Health and Wellness

#### The Easiest Way to Have More Self-Control At Fast-Food Restaurants

Yes, there are times when we give in to our cravings or we simply have no choice (often when travelling). Though, hopefully, not often, this article will help us lessen the damage done when we eat at fast-food restaurants. the trick is finding a fast-food place where you can order via a computer/touch screen.

"Nonverbally ordering your food may help you choose healthier options, suggests new Dutch research."

Read more: <http://www.menshealth.com/weight-loss/self-control-when-ordering-fast-food>

Fraternally,

Edmundo Fernandez FSC