

Visit of the Superior General: December 1 – 13

Part two of the three-part visit of the Superior General to LEAD took place in the first two weeks of December in three countries. Accompanied by Brother Ricky, he began with Myanmar (December 1 – 5) and having three full days we were able to bring him to Myaymo where he saw the formation houses (although the candidates were not there). Brother Superior flew into Mandalay on 02 December and from Mandalay took a taxi to Maymyo. He was able to meet all the Brothers in this quaint hill town north of Yangon. Among the highlights of his visit was an audience with the Old Boys of our different schools and the Final Vows of Brother Moris Thar Gyi.





His next stop was to Thailand (December 5 – 10) and having four full days Brother Superior was able to visit all the communities and ministries of the Brothers in Thailand. He was also able to interview all the Brothers in the course of the visit. Our first stop was the Bamboo school (6 Dec) then Chotiravi La Salle Nakhonsawan (7 Dec) then La Salle Chantaburi (8 Dec) and then La Salle College Bangna (9 Dec). Throughout the visit we travelled by van and except for the last part (Chantaburi to Bangna) they were all 6-hour land trips. The visit was capped with an audience with the Old Boys and former Brothers in Bangna and a dinner with all the Brothers and La Salle Sisters on the 9th.





Last stop was Hong Kong, a short two day visit. The highlight was an evening with Lasallians (Old Boys, administrators, select teachers) held at La Salle Primary Hall on the 11th. Brother Superior also spent time with the Young Brothers of LEAD who were having their assembly in Hong Kong.

Many thanks to all who arranged and organized the visit especially Country Coordinators and the Auxiliary Visitors.



Thanks to Mr. Paul Tam of the HK Lasallian Family Office, Br. Ricky, and Marc Gepaya for the Photographs.

Announcements

- Revised Rule. The printed copies of the Revised Rule were distributed to the Young Brothers in their assembly last December in Hong Kong. I asked their help to bring these home to their countries and distribute them to all the Brothers. Contact the LEAD Administrator if you have not received your copy.
- January Publications. Towards the end of January, expect to receive the following publications: 1) 2016 LEAD Prayer Guide, 2) 2016 LEAD Brothers' Directory, 3) Printed version of the Acts of the 2nd LEAD Chapter and Revised LEAD Statutes and 4) *twenteleven*, the official magazine of the District.
- Attached to this issue is the document from the Vatican: "**Identity and Mission of the Religious Brother in the Church.**" The National Catholic Reporter says of the document: *The Vatican has roundly affirmed the vocation of the lay religious brother in the Catholic church, saying that men -- and women -- who are not ordained as priests still exercise a daily priesthood in their work in the world by the fact of their baptism.* (<http://ncronline.org/news/vatican/vatican-affirms-religious-brothers-says-lay-men-and-women-exercise-priesthood>). I encourage all Brothers to read this document and reflect deeply on it.

January Leadership Calendar

	Week 1	Week 2	Week 3	Week 4
Visitor	Manila Bamboo School	LEAD Provincialate Colombo, PARC 41	LEAD Provincialate Hong Kong Marathon Manila, District Council and Leadership Team	Petaling Jaya, Visit to Br. Tom Lavin and SJII Malaysia LEAD Provincialate
AVMA	Singapore	Singapore	Petaling Jaya Manila, District Council and Leadership Team	Singapore
AVVF	Thailand	Thailand	Manila, District Council and Leadership Team	Thailand
AVSP	Japan, Personal Retreat	Philippines, Pastoral Visit, De La Salle Andres Soriano Memorial College Philippines, Pastoral Visit, Lasallian Formation Center Myanmar, Pastoral Visit, Kalaw	Manila, District Council and Leadership Team	Philippines, De La Salle University, De La Salle Philippines Annual Corporation Meeting

Happy Birthday to our January Birthday Boys!

John David Ong	01 January, 1979
Michael Valenzuela	02 January, 1963
Felipe Belleza	07 January, 1968
Emmanuel Hilado	08 January, 1944
Kenneth Martinez	08 January, 1962
Alphonsus Breen	09 January, 1930
Dennis Magbanua	11 January, 1969
Matthew Lieu	13 January, 1934
Dan Fenton	13 January, 1956
Jose Mari Jimenez	16 January, 1971
Sebastian Charoen Sripuk	18 January, 1969
Mario Dacanay	19 January, 1954
Victor Gutierrez	21 January, 1981
Arian Lopez	21 January, 1976
Mandy Dujunco	22 January, 1979
Hilary Htun Kyi	26 January, 1942
Antonio Servando	31 January, 1962

Health and Wellness

I know that most of us will have gained a few pounds this holiday season. Here's some advice to try and help reverse the effects of all the feasting that happened: **Drink water.** People often mistake thirst for hunger, so next time you feel like noshing, reach for water first. Drinking also helps you feel full. Some experts suggest sipping water (or iced tea) just before you sit down to a meal. Continue drinking as you eat to add volume and weight to your meal.

For the other tips to **reverse weight gain** read the article at: <http://www.rd.com/health/diet-weight-loss/20-ways-to-lose-weight-after-the-holidays/>

Fraternally,

Edmundo Fernandez FSC
Provincialate